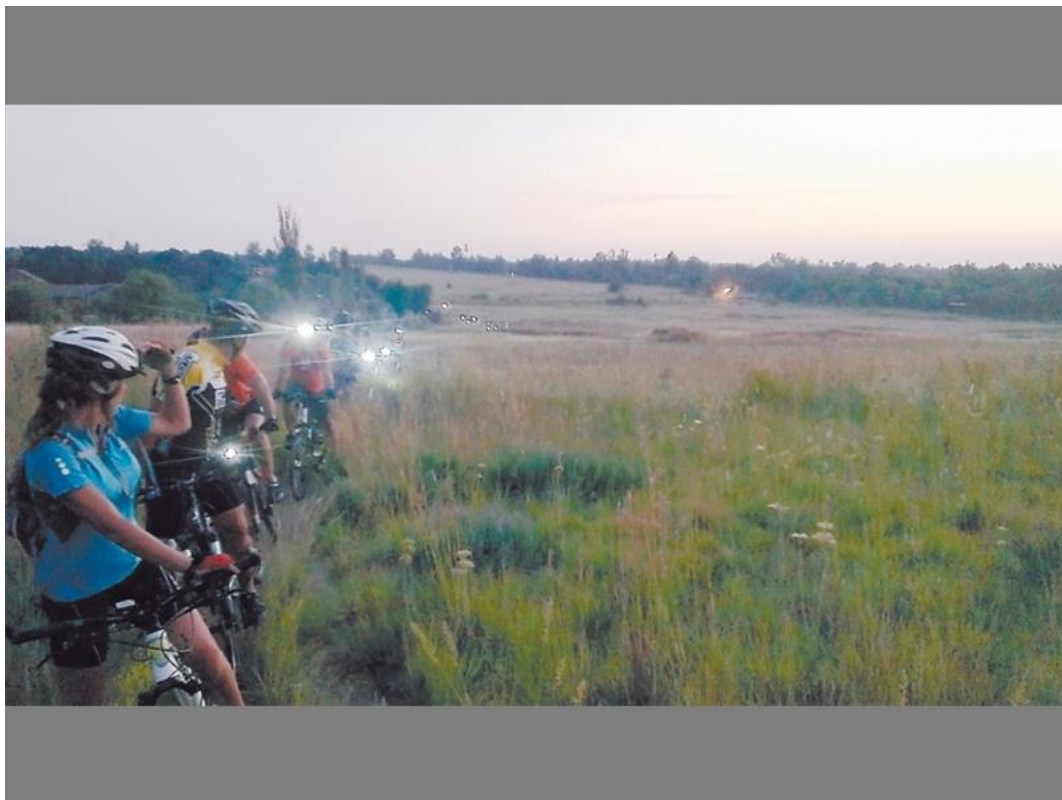


Night riders

KYALAMI- The Cycle Kyalami initiative is back in full force ready to take on the year.

January 19, 2015



GET FIT: The Kyalami Cycle initiative is back with a bang.

Darryl van Niekerk of Greater Kyalami Conservancy said the conservancy's management had always tried to engage with the community and visitors in an effort to preserve the natural environment in the greater Kyalami area.

"Our first rides started off as Saturday morning rides but the turnout was never great," said van Niekerk who spearheads the initiative. "A suggestion was made to try out a night ride and this automatically had much greater appeal."

The relevance of the rides is multi-tiered in that people learn to appreciate the area, its beauty and need for preservation as an open area.

He said the Midrand police Sector 4 Crime Forum and sometimes a security company in the area provided security during the rides.

"We have been generously supported by the wonderful staff at the SA Lipizzaners who have allowed us to make use of their facilities right from

the start over two years ago,” he said. “Each ride is an event and I never know how many people are going to turn up.”

He said he tried to schedule the rides on the Tuesday closest to the full moon as this day of the week seemed to suit most people.

“Life is generally hectic but being out on your bike at night in the quiet of the country really offers a release from life’s difficulties and an opportunity to meet new and interesting people,” he concluded.

People can join the initiative by accessing their Facebook group or via email.

Details: cyclekylami@gekco.co.za;

<http://www.facebook.com/groups/389339827774129/>